

Top ten reasons to use SRI 2



1. Demonstrate your commitment to recovery orientated practice.

Completing an SRI 2 allows your service to demonstrate that it is committed to recovery orientated practice. It is increasingly been seen as the tool of choice to help services review how existing practices are supporting recovery.

2. Evidence your strengths and good practice.

SRI 2 is a strengths based approach. It allows services to identify and record existing strengths and good practice as well as highlighting areas where there may be opportunities to make services more recovery focused.

3. Demonstrate a commitment to reflective practice and continuous improvement.

SRI 2 encourages reflective thinking and supports a structured approach to continuous improvement. It can be a catalyst that supports service improvement and the delivery of more recovery orientated services.

4. Gather feedback from people using your service and their carers.

SRI 2 is based on a person centred approach to gathering evidence. It provides a structure for gathering feedback from people using services and informal carers about their experience of services and how they can support personal recovery.

5. Support and motivate staff to help them become more recovery focused.

The SRI 2 process has been shown to be inspiring and motivating for staff by recognising existing strengths and good practice. It also provides an opportunity for staff to reflect on their personal working practices and think about ways in which they can be more recovery focused in their day to day work.

6. Review your service using a set of evidence based recovery indicators.

The recovery indicators used in SRI 2 are all based on factors that are known to support recovery. They are based on extensive research and robust evidence about how services can best support recovery. Much of this research draws on people's own lived experience and understanding of the factors that help their recovery.

7. Identify improvements that would make your service more recovery orientated.

Gathering and reflecting on the evidence required to complete an SRI 2 helps services develop an Action Plan which identifies practical actions that can be taken to improve how services support personal recovery. The improvements identified are often small but significant changes which can make a contribution to supporting personal recovery.

8. Demonstrate that your service is meeting the requirements of key policy agendas.

The Scottish Recovery Indicator was originally developed as a result of the Review of Mental Health Nursing in Scotland. It reflects the principles outlined in Realising Recovery Learning Materials and the 10 essential capabilities for mental health practice.

The SRI 2 recovery indicators also address many of the issues covered by other policy areas including personalisation and self-directed support. Completing an SRI 2 can also help services meet external requirements including Leading Better Care Quality Indicators and National Care Standards.

9. Review your systems and working practices using a recovery orientated framework.

SRI 2 provides services with a robust framework for looking at systems and working practices through a recovery lens. The 10 recovery indicators provide a framework that helps services look at systems and procedures such as assessments and care plans from a recovery orientated perspective. This provides an opportunity to review existing systems and consider how they support good recovery orientated practices like setting goals, focusing on strengths and promoting hope and optimism.

10. Provide evidence to support the implementation of changes in policy and practice.

By involving staff, people who use services and carers in the process of completing an SRI 2, services can develop an action plan that is evidence based and reflects the needs of all stakeholders. This action plan can provide a benchmark for future reviews and discussions about service developments as part of a process of continuous improvement.



Scottish
Recovery
Indicator 2

